

The Lutheran Church of Christ the King
1900 14th Street South
Moorhead MN 56560-4599

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RETURN SERVICE REQUESTED



WELCA will be serving a home cooked meal to Crossroads Lutheran Campus Ministry students on Thursday, February 22. Sign up sheets for providing the meal will be coming. All food can be prepared and dropped off at the church to be delivered.

Can you help us?

We are looking for individuals that can't make it to church. Whether a situation with being shut-in, hospitalized or other?

Volunteers can visit you and your family, send cards, call and chat, or give you communion in your home! Please call the church office to inform us of your current situation or situation of friends/family members who may be interested.

Calling all Painters!



We will be painting a few areas in the church on Saturday, February 10th at 9:00am. Please let the church know if you can help!!!



Wednesday, February 14th

11:30am – Service w/soup
following
6:00pm – Contemporary Service

Giving Made Easy at Christ the King

We thank you for your support of the church and offer many ways for you to give your offering-donations.

- Place your offering/donation in the offering plate during the service.
- Create an automated on-line giving that will take your gifts directly from your account. Sign up sheets for VANCO are on the welcome desk or visit <https://secure.myvanco.com/YKB3/home>
- Donate using this QR code. Just place your phone camera over this code and it will take you directly for you to use your credit/debit card.

Or click on the "Giving" tab on the CTK Homepage www.ctkmhd.org



Mail or Email????

If you currently receive the Heartbeat in the mail and wish to have it sent to you electronically, please contact the church office.

Message from the Pastor

It seems that we've just packed away the last of the Christmas items and we at Christ the King are deep into the planning of our Lenten season. While Advent is truly a special time of the church year, I can't help but admit that Lent and Holy Week are where my heart just skips a beat when I think about our Lord and all that we are blessed with.

As I begin to work on the services and plans for the Lenten season, I can't help but think about all that Jesus went through and wonder what exactly I have done that makes me deserved of his love, grace, and of course, his promises. There really are very few times when I make a true sacrifice, at least one of any real pain or strain. There aren't many times that I totally allow myself to give it all to God, at least completely, as there are too many moments where I too think I know best. That's being human but also makes me wish I trusted always! Most of all, thankfully, there is never a moment when I don't feel the love of God with me and walking through the 40 days of Lent helps me to remember what Jesus did for us and what his promises will mean to all who believe.

It is my hope that you too will take time in this coming Lenten season to remember, reflect, re-commit and rejoice in all that God continues to give us here and now. Christ the King is an amazing place for all to gather and do just this together. Reach out to someone and invite them to join you for Lent. God has plans for us and we can use this season to share the good news and bring others to Him and to CTK!

Blessings,

Pastor Michele

The Season of Lent.....

For Lutherans, the forty-day Lenten season is an important one. But behind the question of what to do during Lent lies more foundational questions:

What is Lent?

Early in the Church's history, the major events in Christ's life were observed with special observances, such as His birth, baptism, death, resurrection and ascension. As these observances developed, a period of time was set aside prior to the major events of Jesus' birth and resurrection as a time of preparation.

Do Lutherans have to give up something as some other denominations require?

From the perspective of The Lutheran Church "giving something up for Lent" is entirely a matter of Christian freedom. If a Christian wants to give something up for Lent as a way of remembering and personalizing the great sacrifice that Christ made on the cross for our sins, then that Christian is certainly free to do so—as long as he or she does not "judge" or "look down on" other Christians who do not choose to do this.

What is Ash Wednesday?

The imposition of ashes on our forehead is a gesture of repentance and a powerful reminder and symbol of dust-to-dust and the need for cleansing and purifying.

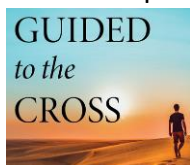


Service Plans during the Lenten Season:

Lectionary Services on Sundays:

9am – Traditional – Sanctuary

10:45am – Contemporary – Rex



Lenten Sermon Series Services:

11:30am – Wednesday w/soup

6pm – Contemporary – Rex

Lenten Bible Study

Join Pastor Michele 11am on Thursdays
February 15, 22, 29 and March 7 & 21

This Bible study for Lent guides us to the cross of Christ.

In-depth Scripture readings draw participants to the forgiveness, hope, love, peace, trust and perseverance found at Calvary. Study and discussion questions, prayers and reflections help to give a better understanding of the richness of Christ's sacrifice. You do not need to attend all to participate.

Bring Your Lunch if You'd like as well!!!

Church Staff & Contact Information

Lutheran Church of Christ the King

1900 14th St S, Moorhead, MN 56560

Phone: 218-236-7576

Email: ctk@gockt.org

Website: www.ctkmhd.org

Facebook:

Lutheran Church of Christ the King,
Moorhead, MN or from a web browser:
[Facebook.com/gockt](https://www.facebook.com/gockt)

Church Council:

council@gockt.org

Pastor Michele Jenson:

pastormichele@gockt.org

Office Administrator/

Director of Worship JoMarie@gockt.org

Finance Director: Dani Costello

finance@gockt.org

Children's Ministry Support:

Steph Deitz & Kris Buermann

faithwalk@gockt.org

Church Office Hours

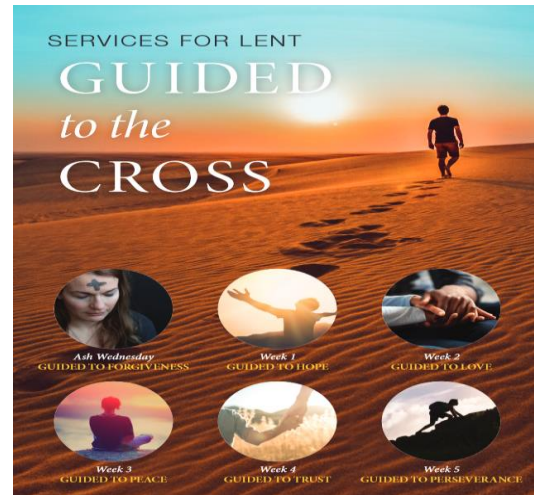
Monday– Thursday from 9:00am to 4:00pm

Friday– 9:00am to Noon



AND WEDNESDAY!!!!

Christ the King will be passing around the soup "kettle" for noisy offering on February 11th and 14th
All donations will go to the Dorothy Day Food Pantry.



Throughout this holy time, we are drawn to Calvary to live in forgiveness, hope, love, peace, trust and perseverance. Each week, the services in this series reveal how Christ and his cross serve as examples for us of how to live our lives for and through our crucified Lord and Savior.

ASH WEDNESDAY

Guided to Forgiveness • Colossians 1:13-14 • When we confess our sins, we find forgiveness in the cross of Christ and are empowered to forgive others.

WEEK ONE

Guided to Hope • 2 Corinthians 1:10 • When we are uncertain about what the future holds, we discover in the cross the sure hope of heaven.

WEEK TWO

Guided to Love • 1 Timothy 1:13-14 • When we are separated from others and from God by our sin, the cross brings us together through its love.

WEEK THREE

Guided to Peace • Colossians 1:19-20 • With wars waging within and without, the cross settles them all with peace to body, mind and soul.

WEEK FOUR

Guided to Trust • 1 Timothy 1:15 • Plagued by doubt and competing voices, we turn to the cross to put our trust fully in the salvation won for us there.

WEEK FIVE

Guided to Perseverance • Ephesians 6:18 • When we are faced with hardship, we look to Christ on the cross who endured to the end so that we might carry on.

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Financial Snapshot

Financial Numbers as of:		December 30, 2023			
	Current Month	Year to Date		Current Month	Year to Date
General Offering:	\$42,900	\$316,443	General Expenses:	\$15,672	\$361,779
RUIJ/BFT Campaign:	\$6,647	\$133,001	Mortgage Expense:	\$12,337	\$135,401
Designated Offering:	\$28,286	\$251,484	Designated Expenses:	\$19,668	\$358,330
Total:	\$77,833	\$700,928	Total Expenses:	\$47,677	\$855,510

Please consider setting up a recurring gift to the church through our **Simply Giving Program. If you have questions about setting up recurring giving please ask in the office.

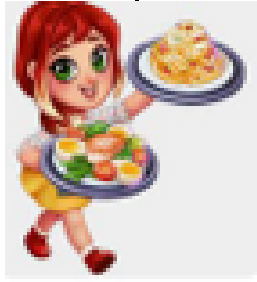
2023 Mission Giving

Local Missions:	\$233	
ELCA Synod Missions:	\$12,000	100% of \$12,000 goal

Reunited in Joy Campaign 2020-23

\$315,349.00	Pledge for Date Range
\$273,523.92	Amount Given by People who have Pledged
(\$41,825.08)	Difference
86.74%	Percent of Pledges Paid
\$41,713.47	Amount Given by People that did not Pledge
\$315,237.39	Total Donated for Date Range

Wednesday Night Meals



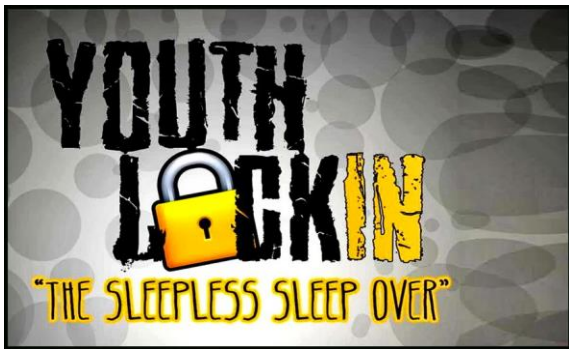
Come join us for delicious food and fellowship

February 7: Taco Bar

February 14: Burgers

February 21: Tater Tot Hotdish

February 28: Pizza



7th – 12th Grade Youth Lock-In

Sunday, February 18th at 5:00pm to Monday,

February 19th at 9:00am

Sign up deadline is Wednesday, February 14th so we can plan accordingly.

Sign up sheet is located on the youth bulletin board or you can email the church office or Pastor Michele



At Riverpointe

Thursday, February 22nd at 3:30

Come and enjoy the residents (many from CTK) and a beverage – root Beer will be provided otherwise bring your own. It lasts about 45 minutes and is just a fun sing-a-long event that the residents love.



We need help with serving/clean-up for the following CTK meals.

PLEASE reach out to the Church office if you are available to help with one, two or more of the needed dates/times:

Wednesdays 11:30 soup/roll after Lenten service

Feb 14, 21, 28 & March 6, 20

(Prepping meal, serving and clean up)

Wed. Feb 28th

Dishwashers after the 6:00 service

Wed. March 6th

Adult Kitchen Helper 4:30-6:00

Dishwashers after the 6:00 service

Wed. March 20th

Dishwashers after the 6:00 service

SAVE THE DATE!!!!!!!!!!!!



Saturday, March 2nd

Dinner at 6:00pm

Show at 7:30pm

If you are interested in being involved in the show please reach out to Jo Marie or Pastor Michele as soon as possible. All proceeds will go to the Building Faith Together Capital Campaign.

2024 CtK Book Club

The CtK book club meets on the second Tuesday of the month at 10:30am in the library. All are welcome! The following books have been selected.

Feb. 13 Gilead - Marilynne Robinson

Mar. 12 The River We Remember – Wm Kent Krueger

Apr. 9 The Pioneers - David McCullogh

May 14 The Last Green Valley - Mark Sullivan

**February 2024
at a Glance**

Thursday, February 1

9:30am-Faithfully Fit
10:00am-Tai Chi

Friday, February 2

9:00am-Janitors for Jesus
6:00pm-Set Up for Scouts
Pinewood Derby

Saturday, February 3

9:00am-Al-Anon
10:00am-Scouts Pinewood Derby

Sunday, February 4

9:00am-Traditional Worship
9:45am-Fellowship
10:45am-Contemporary Worship

Monday, February 5

3:00pm-WELCA Meeting
6:00pm-Children/Youth
Committee Meeting

Tuesday, February 6

8:30am-TOPS
9:30am-Faithfully Fit
9:30am-Staff
6:30pm-Scouts

Wednesday, February 7

7:00am-Moorhead Public
Schools Training
9:00am-Quilters
5:00pm-Dinner
6:00pm-Contemporary Worship
6:00pm-FaithWalk/PromiseWalk
7:00pm-Confirmation

Thursday, February 8

9:30am-Faithfully Fit
10:00am-Tai Chi

Friday, February 9

9:00am-Janitors for Jesus

Saturday, February 10

9:00am-Al-Anon
9:00am-Painting the Church
10:00am-Palm Baby Shower

Sunday, February 11

9:00am-Traditional Worship
9:45am-Fellowship
10:45am-Contemporary Worship

Monday, February 12

5:30pm-Worship and Music

Tuesday, February 13

8:30am-TOPS
9:30am-Faithfully Fit
9:30am-Staff Meeting
10:00am-Kindergarten Co-op
10:30am-Christ the King
Book Club
2:00pm-Circle Leader
Bible Study
5:30pm-Finance Meeting
6:30pm-Executive Council
6:30pm-Scouts
7:00pm-Church Council

Wednesday, February 14

Ash Wednesday

11:30am-Lenten Worship
12:15pm-Soup and Bread Lunch
1:00pm-Pastor at Riverpoint
5:00pm-Dinner
6:00pm-Contemporary Worship
With imposition of ashes
6:00pm-FaithWalk/PromiseWalk
7:00pm-Confirmation

Thursday, February 15

9:30am-Faithfully Fit
10:00am-Tai Chi
11:00am-Lenten Bible Study

Friday, February 16

9:00am-Janitors for Jesus

Saturday, February 17

9:00am-Al-Anon
10:00am-Saturday Circle

Sunday, February 18

9:00am-Traditional Worship
9:45am-Fellowship
10:45am-Contemporary Worship

Monday, February 19

6:00pm-Property Committee

Tuesday, February 20

8:30am-TOPS
9:30am-Faithfully Fit
9:30am-Staff
1:30pm-Sarah Circle
6:30pm-Scouts

Wednesday, February 21

9:00am-Quilters
11:30am-Lenten Worship
12:15pm-Soup and Bread Lunch
2:00pm-Anna/Esther Circle
5:00pm-Dinner
6:00pm-Contemporary Worship

6:00pm-FaithWalk/PromiseWalk
7:00pm-Confirmation

Thursday, February 22

9:30am-Faithfully Fit
10:00am-Tai Chi
11:00am-Lenten Bible Study
1:00pm-Library Committee
3:30pm-Beer and Hymns at
Riverpoint
6:00pm-NAMI

Friday, February 23

9:00am-Janitors for Jesus

Saturday, February 24

9:00am-Al-Anon

Sunday, February 25

9:00am-Traditional Worship
9:45am-Fellowship
10:45am-Contemporary Worship

Monday, February 26

Tuesday, February 27

8:30am-TOPS
9:30am-Faithfully Fit
9:30am-Staff Meeting
10:00am-Kindergarten Co-op
6:30pm-Scouts

Wednesday, February 28

11:30am-Lenten Worship
12:15pm-Soup and Bread Lunch
1:00pm-Pastor at Riverpoint
5:00pm-Dinner
6:00pm-Contemporary Worship
With kids in worship
7:00pm-Confirmation

Thursday, February 29

9:30am-Faithfully Fit
10:00am-Tai Chi
11:00am-Lenten Bible Study

Friday, March 1

9:00am-Janitors for Jesus

Saturday, March 2

9:00am-Al-Anon

Sunday, March 3

9:00am-Traditional Worship
9:45am-Fellowship
10:45am-Contemporary Worship