

The Lutheran Church of Christ the King  
1900 14th Street South  
Moorhead MN 56560-4599

Non-Profit Org  
U.S. Postage  
**PAID**  
Moorhead MN  
56560  
Permit #378

**RETURN SERVICE REQUESTED**



**Wednesday, November 27<sup>th</sup> at  
6:00  
No Meal/Classes**



### **Event Coordinator**

Do you have a heart for  
hospitality?

CtK is looking for an event  
coordinator.

This person would be responsible  
for greeting rental groups,  
assisting with needs as the event  
is being held, and clean up after  
the event.

If interested, please contact Pastor  
Michele or Jo Marie

### **. Giving Made Easy at Christ the King**

We thank you for your support of the church and offer many ways for you to give your offering-donations.

- Place your offering/donation in the offering plate during the service.
- Create an automated on-line giving that will take your gifts directly from your account. Sign up sheets for VANCO are on the welcome desk or visit <https://secure.myvanco.com/YKB3/home>
- Donate using this QR code. Just place your phone camera over this code and it will take you directly for you to use your credit/debit card.

Or click on the “Giving” tab on the CTK  
Homepage [www.ctkmhd.org](http://www.ctkmhd.org)



### **Church Staff & Contact Information**

**Lutheran Church of Christ the King**

1900 14th St S, Moorhead, MN 56560

**Phone:** 218-236-7576 **Email:** [ctk@gockt.org](mailto:ctk@gockt.org) **Website:** [www.ctkmhd.org](http://www.ctkmhd.org)

**Facebook:** Lutheran Church of Christ the King Moorhead MN

or from a web browser at [Facebook.com/gockt](https://www.facebook.com/gockt)

**Church Council:** [council@gockt.org](mailto:council@gockt.org)

**Pastor Michele Jensen:** [pastormichele@gockt.org](mailto:pastormichele@gockt.org)

**Office Administrator/Director of Worship** [JoMarie@gockt.org](mailto:JoMarie@gockt.org)

**Finance Director:** Dani Costello [finance@gockt.org](mailto:finance@gockt.org)

**Children’s Ministry:** Steph Deitz - [faithwalk@gockt.org](mailto:faithwalk@gockt.org)

**Church Council:** [council@gockt.org](mailto:council@gockt.org)

### **Advent Begins Week of December 1**

Pastor Michele will lead  
a sermon series called  
“From Heaven Above.”  
As we light the candles  
on the Advent wreath,  
we remember the gifts of  
Hope, Love, Peace,  
and Joy.



## Brothers and Sisters in Christ

Last week I spent a few hours with the Women of the ELCA in Conference 3 – which is the area around Fertile MN speaking about Colossians 3:12 which says, “As God’s chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, gentleness, and patience.” As I prepared my presentation on this text I did a lot of reading on these five attributes all of which are so important in our Father’s eyes for us to be.

As we head into the month of thankfulness I hope that we can consider the following as part of things that we strive for and give thanks for:

**Compassion:** CtK clearly has a compassion for giving when you look at how we can collect piles of things for Academy, socks, mittens and gifts at Christmas time, 45 school kits and 27 quilts to Lutheran World Relief, the list goes on and on. However, do we always have compassion for each other? Do we allow our differences to be something that we work on accepting and understand? Do we strive to be a community of diversity that accepts change even if it isn’t always easy? Strive for compassion for one another and for ourselves.

**Kindness:** It’s very easy to be UNKIND in our words at times by letting the first thing that comes to mind be what is said – causing hurt feeling and regretful comments. It can also be incredibly easy to say kind words IF we just take a little extra time to think about what we are going to say before we say it. I know it’s easy to let things get to you – especially when you are stressed and tired – I speak from experience as I let it happen to me too. No matter what people look like on the outside, and no matter what their life looks like from the outside, you never know what they are going through on the inside. It can never hurt to be kind to someone but it can hurt to be unkind. You may be the only example of God kindness they ever see. That’s a big responsibility.

**Humility:** Humility is recognizing our dependence on God and valuing others about ourselves with a modest, selfless attitude. Often times we characterize it as a genuine gratitude, a lack of arrogance, a modest view of one’s self. However biblically defined, humility is a critical and continuous emphasis on godliness in the Bible. We are called upon to be humble followers of Christ and trust in the wisdom and salvation of God. True humility is seeing ourselves as we truly are, fallen in sin and helpless without God. Pride can separate us from God, while humility brings us closer to Him by recognizing his authority and love.

**Gentleness:** Ironically it takes a very strong person to be truly gentle! Gentleness does not mean weakness but rather it involves humility and thankfulness toward God, and polite, restrained behavior toward others. God wants us to give Him control of our lives. To be gentle is to recognize that God’s ways are high above our own. When we are clothed in gentleness we will forgive readily and give up the right to judge.

**And Patience:** Well this one is one I struggle with the most.....

Take a few moments today to find more patience with the people in your life. This might be listening more intently to your spouse, enjoying a conversation with your kids, taking time to check in with a neighbor, or listening to a coworker’s struggle with something outside of work. Whatever it is, give it your attention. Look for the lesson, the opportunity to give encouragement, or, often the most important, simply be present with that person. It might mean the world to them.

When everything is going our way, patience is easy to demonstrate. The true test of patience comes when our rights are violated – when we are cut off in traffic, when we are treated unfairly, when we don’t get what we want when we think we should. Patience reveals our faith in GOD’s timing, omnipotence and love. NOT OURS!!! Patience does not develop overnight. God’s power and goodness are crucial to the development of patience. Our patience is developed and strengthened by resting in God’s perfect will and timing, even in the face of evil and tribulations. So how do we display being clothed in patience? First, we thank God. First we rejoice in God’s will – hard I know but it is HIS will and we have to remember that and rejoice in knowing that he does indeed have our plan. Second – we need to see His purpose – sometimes God puts us in difficult situations so that we can be a witness. Other times he might allow a trial in order for us to grow and his glory will help us in that trial. Finally, we remember his promises, that in all things God works for the good of those who love him, who have been called according to his purpose. The “all things” include the things that try our patience.

Let us be thankful for all that God has done and continues to do for us. November is a month to give thanks and to share all of these wonderful attributes with others. Let’s go out and be His chosen ones holy and beloved.

Blessings,

*Pastor Michele*



Have you thought about becoming a member of CtK or know someone who has? Meetings for New Members are Sunday, November 10<sup>th</sup> at 9:45 and Wednesday, November 13<sup>th</sup> at 6:45 in the Library.

Contact Pastor Michele or JoMarie if you are interested in joining prior to those dates.



Thank offerings are a long-standing custom among Lutheran women. We give in thanksgiving for blessings received—and we do receive so many blessings, don't we? And we are so grateful. That's why we give Thank offerings. Our featured speaker this year will be Sue Sorensen from Hospice of the Red River Valley. Thank offering services will be held on Sunday, November 10<sup>th</sup> and Wednesday the 13<sup>th</sup>. In this Heartbeat you will find a Thank offering envelope. Please prayerfully consider returning this envelope with your offering. Thank offerings support the ongoing ministries of CtK's WELCA and the church wide women's organization. Some of the local charities supported include Churches United for the Homeless, New Life Center, Rape and Abuse Crisis Center and Lost and Found Recovery.

### The Lutheran Church of Christ the King Financial Snapshot

Financial Numbers as of: September 30, 2024

	Current Month	Year to Date		Current Month	Year to Date
General Offering:	\$22,813	\$246,536	General Expenses:	\$21,497	\$227,122
RUIJ/BFT Campaign:	\$6,509	\$104,401	Mortgage Expense:	\$9,964	\$114,676
Designated Offering:	\$5,109	\$231,722	Designated Expenses:	\$5,811	\$174,542
Other Revenue:	\$5,654	\$100,891			
<b>Total:</b>	<b>\$40,085</b>	<b>\$683,550</b>	<b>Total Expenses:</b>	<b>\$37,272</b>	<b>\$516,340</b>

\*\*Please consider setting up a recurring gift to the church through our **Simply Giving Program**. If you have questions about setting up recurring giving please ask in the office.

#### 2023 Mission Giving

Local Missions:	\$167	2.7% of \$6,150 goal
ELCA Synod Missions:	\$9,000	50% of \$12,000 goal

#### Reunited in Joy Campaign 2020-23

\$430,960.00	Pledge for Date Range
\$149,584.10	Amount Given by People who have Pledged
(\$281,375.90)	Difference
34.71%	Percent of Pledges Paid
\$11,518.69	Amount Given by People that did not Pledge
\$161,102.79	Total Donated for Date Range

### In Our Thoughts and Prayers

Please remember in prayer all of our family and friends who have been dealing with health issues, loss of loved ones, or who are not able to come to Worship with us each Sunday.

#### Assisted Living/Nursing Homes & Rehab:

**Arbor Park:** Nancy Ingison

**Bethany on 42<sup>nd</sup>:** Del Walby

**Bethany on University:** Nancy Halvorson, Bill Linson

**Eventide:** Elaine Borgen, Shirley Haugen, Kathy Melarvie, Beverly Rogness, Bonnie Simonson

**Lilac Homes:** Lyle Hanson

**One Riverside:** Mary Ann Lavold

**Riverpointe:** Juneal Doeden, June Adele Dolva, Jan Jenson, Annie Luttio, Blanche Olson, Peggy Reed,

Arvid Sonsteli

**Riverview Place:** Jan Whaley Labore

**Sheyenne Crossings:** Carl Hjalmquist

**The Villa at Farmstead:** Lil Torgrimson

**Touchmark** – Janet Ostercamp

**AT HOME:** Dick Bolton, Sonya Hansen, Jeanie Issel, Marilyn Nissen, Carol Sorum

### HVAC UPDATE

Thank you to each and every one who has made a contribution or attended a fundraising event- your support of CtK is deeply appreciated and we are thrilled to announce we have collected \$188,444 to date! The final cost to the Geo Thermal Company (GSI) for installation was \$192,073 and has been paid. Please continue to donate as you can so we can replace the money that was used from the Capitol Improvement Fund to pay the initial bill. Checks can be made out to Christ the King with HVAC in the memo line. Or scan the QR code below to give to our Facility Maintenance Fund directly.



**GRIEFSHARE** will be offering a one time, "**Surviving the Holidays**" class. The holidays can be especially difficult when you are grieving the death of a loved one. This can be a recent death or many years ago. Grief has no time line. If you would like guidance and encouragement to help you through this holiday season, please consider joining us. We will meet on **Sunday, November 10th at 4 to 6 p.m.** in the church library. For more information or to sign up, contact Karen Sustad at 701-367-8598 or [sustadka@gmail.com](mailto:sustadka@gmail.com) or the church office.

### Faithfully Fit Forever

Due to Election Day on Tuesday, November 5, Faithfully Fit Forever **will not meet**. We will meet again on Thursday, November 7.



### Our Eyes, At Last, Shall See Him Concordia Christmas Concert

Want to join Pastor Michele and go to the concert as a church group?? Cost is \$25 per ticket if purchased through CtK. Concert is Sunday, Dec 8<sup>th</sup> at 2pm. Please sign up in the office by Thursday, Nov. 7<sup>th</sup> so we can get good seats.

## November 2024 at a Glance

### Friday, November 1

9:00am-Janitors for Jesus

### Saturday, November 2

9:00am-AI-Anon

### Sunday, November 3

#### All Saints Sunday

9:00am-Traditional Worship

9:45am-Fellowship

10:45am-Contemporary Worship

### Monday, November 4

3:00pm-WELCA Meeting

6:00pm-Children and Youth Meeting

### Tuesday, November 5

#### Elections in Christus Rex

8:30am-TOPS

9:30am-Staff Meeting

6:30pm-Scouts

### Wednesday, November 6

#### All Saints Wednesday

#### Giftng of 3<sup>rd</sup> Grade Bibles

9:00am-Quilters

5:00pm-Dinner: Taco Bar

6:00pm-Contemporary Worship

6:00pm-Faithwalk

7:00pm-Confirmation

### Thursday, November 7

9:30am-Faithfully Fit

12:00pm-Pastor at Heart of Clay

### Friday, November 8

9:00am-Janitors for Jesus

### Saturday, November 9

9:00am-AI-Anon

4:00pm-IAAGP Rental

### Sunday, November 10

#### WELCA Thankoffering

9:00am-Traditional Worship

9:45am-Fellowship

9:45am-New Member Meeting

10:45am-Contemporary Worship

4:00pm-Holiday Grief Share

### Monday, November 11

6:30am-MHD Public Schools Training

5:30pm-Worship and Music Committee

### Tuesday, November 12

8:30am-TOPS

9:30am-Faithfully Fit

9:30am-Staff Meeting

2:00pm-Circle Leader

Bible Study

5:30pm-Finance Meeting

6:15pm-Executive Meeting

6:30pm-Scouts

7:00pm-Church Council

### Wednesday, November 13

#### WELCA Thankoffering

1:00pm-Pastor at Riverpointe

5:00pm-Dinner: Burgers

6:00pm-Contemporary Worship

6:00pm-Faithwalk

6:45pm-New Member Meeting

7:00pm-Confirmation

### Thursday, November 14

9:30am-Faithfully Fit

### Friday, November 15

9:00am-Janitors for Jesus

### Saturday, November 16

9:00am-AI-Anon

9:30am-Dakota Jazz Band

Rehearsal

10:00am-Saturday Circle

### Sunday, November 17

#### New Member Sunday

9:00am-Traditional Worship

9:45am-Fellowship

10:45am-Contemporary Worship

### Monday, November 18

6:00pm-Property Committee

### Tuesday, November 19

8:30am-TOPS

9:30am-Faithfully Fit

9:30am-Staff Meeting

1:30pm-Sarah Circle

6:30pm-Scouts

### Wednesday, November 20

#### New Member Wednesday

9:00am-Quilters

2:00pm-Anna/Esther Circle

5:00pm-Dinner: Tater Tot Hotdish

6:00pm-Contemporary Worship

6:00pm-Faithwalk

7:00pm-Confirmation

### Thursday, November 21

9:30am-Faithfully Fit

12:00pm-Pastor at Heart of Clay

### Friday, November 22

9:00am-Janitors for Jesus

### Saturday, November 23

9:00am-AI-Anon

### Sunday, November 24

9:00am-Traditional Worship

9:45am-Fellowship

10:45am-Contemporary Worship

### Monday, November 25

### Tuesday, November 26

8:30am-TOPS

9:30am-Faithfully Fit

9:30am-Staff Meeting

5:30pm-NAMI Board Meeting

6:30pm-Scouts

### Wednesday, November 27

#### NO DINNER

#### NO CONFIRMATION

#### KIDS IN WORSHIP

6:00pm-Thanksgiving Eve Service

### Thursday, November 28

#### THANKSGIVING

#### CHURCH/OFFICE CLOSED

### Friday, November 29

#### CHURCH/OFFICE CLOSED

### Saturday, November 30

9:00am-AI-Anon

### Sunday, December 1

#### 1<sup>st</sup> Sunday in Advent

9:00am-Traditional Worship

9:45am-Fellowship

10:45am-Contemporary Worship

**The church office will be closed on Thursday, November 28 and Friday, November 29 for the Thanksgiving holiday.**



Congratulations to  
**Olivia Halsa, Max Lundberg & Grady Saum**  
 Who will be receiving  
 their  
 Collaborate Study Bibles on  
 Wednesday, November 6<sup>th</sup>



**Young Life Youth Night**  
 Join with youth across the area for a fun night of  
 inflatables, music, and a message.

**High School**  
 Date: Friday, November 8<sup>th</sup>  
 Time: 6:30pm-8:30pm  
 Location: Red River Valley Fair

**Middle School**  
 Date: Saturday, November 9<sup>th</sup>  
 Time: 6:00pm-8:00pm  
 Location: Red River Valley Fair

**BIO Girls Christ the King, Moorhead**  
 CtK Contact: [moorhead.mn.ctl@biogirls.org](mailto:moorhead.mn.ctl@biogirls.org)

**Mission:**

To improve the self-esteem of adolescent girls through  
 empowerment of self and service to others

**Results:**

7 in 10 BIO girls participants experience an increase in  
 self-esteem & 50% report decreased anxiety symptoms.

**Program Overview:**

BIO (Beautiful Inside & Out) Girls is a self-esteem  
 building program serving girls grades 2-6. A BIO Girls  
 program meets for 12 sessions, 90 minutes each.

**Each session combines:**

- Christian, Non-Denominational Devotions
- Life-Skills Lessons
- Mentoring
- Physical Activity



**Registration Date:** January 21, 2025, online at [biogirls.org/fmwf](http://biogirls.org/fmwf)

**Season Start Date:** February 13, 2025

**Day/Time:** Thursdays, 5:30-7:00 PM

**Finale Date:** May 14, 2025 (Find your Kind 5k)

**End Date:** May 15, 2025

**“What is the registration fee?”**

BIO Girls uses a ‘Pay as You Can’ registration model. This  
 tiered registration model creates a streamlined registration  
 process and ensures all girls have access to our program,  
 regardless of their financial situation. To learn more, visit:  
[biogirls.org.registration-faq](http://biogirls.org.registration-faq)

**THANK YOU, THANK YOU!**

Thank you for your amazing generosity in giving  
 items for the Career Academy of the Moorhead  
 Public Schools. Volunteers packed 1,082 items and  
 delivered them to the Academy for homeless  
 students who are attending school. The liaison,  
 Amy, was so pleased with the variety and the  
 amount of your gifts. Because there is an ongoing  
 need, anyone can drop off donations at the  
 Academy office at 2800 27<sup>th</sup> Ave. So.

Keeping students clothed and fed with dignity and  
 in school is the goal to help with homelessness.

Your contributions along with a Thrivent grant:

Towels 33	Quilts 6	Hand Towels 6
Blankets 4	Wash Cloths 10	Sleeping Bag 1
Pillows 11	Water Bottle 3	Pillow Cases 11
Lanyard 1	Shower Curtains 5	Back Packs 17
Bar Soap 2	Laundry Soap 19	Dish Soap 16
Gift Cards 6	Toilet Paper 22	Mac/Cheese 24
Socks 168	Paper Towels 3	Soup Cups 2
Underwear 77	Peanut Butter 18	Cereal 46
Jackets 18	Spaghetti Sauce 15	Light Jackets 5
Leggings 5	Ramen Noodles 48	Potato Cups 4
Shirts 8	Meats 4	Sweatshirts 9
Bra 1	Breakfast Bars 17	Hot Chocolate 2
Scarf 1	Crackers 2	Shoes 2
Tuna 4	Boots 13	Beans 5
Juice 3	Snow Pants 2	Gloves 3
Caps 27	Box of Spoons 1	Plates 6
Misc School 6	Tote Bags 260	Spud Wear 17
	From Bell Bank & Gate City	

**SAVE THE DATES**

Practice for the Children’s Christmas Program will be  
 Sunday, December 8 from 1:30pm-3:00pm. The Christmas  
 Program will be Wednesday, December 11 during the  
 6:00pm Worship Service. Join us to hear the great news  
 that unto us a Savior has been born!



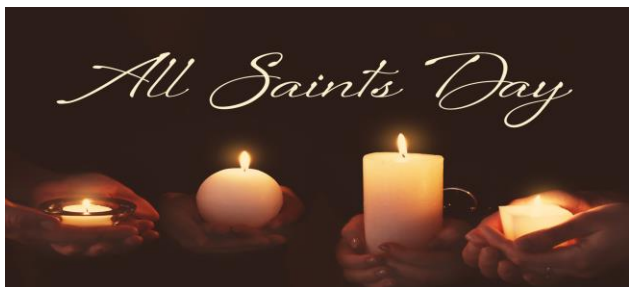


Thank you to everyone who made the 38<sup>th</sup> annual Ham Dinner another success. Andy and Emily were amazing and to Steve & Skip for coordinating the team of volunteers. We served 463 this year! Totals have not been finalized but we will celebrate it as soon as it is known. Again thanks!



### BAKE SALE

Many thanks to everyone who baked and purchased goodies at the WELCA Bake Sale during the Han Dinner. WELCA raised \$1793 towards their scholarship fund!



We Remember the following saints who have gone before us on Sunday, November 2 and Wednesday, November 6....

- Sarah Greene
- Kevin Smith
- Robert (Rob) Thompson
- Howard H. Neitzel
- Delores Deutscher
- Carol M. Sonsteli
- Dennis A. Reed
- Joan Marie Geyer
- Donald A. Pederson
- Joyce Eileen Britten
- Orlin G. Halvrson
- William "Billy" Haugen
- Lorayne A. Radde
- Doris V. Jorgenson
- John A. Varner
- Cheryl Ann Boyle
- Lynn A. Brosowski
- Ronald M. Jenson



**DECEMBER SAVE THE DATES.....**



**SUNDAY, DECEMBER 1**



**WEDNESDAY, DECEMBER 11<sup>TH</sup> AT 6PM**

**GOOD SHEPHERD CHRISTMAS CANTATA**

**SUNDAY, DECEMBER 15<sup>TH</sup> AT 10:45AM**



**SUNDAY, DECEMBER 15<sup>TH</sup> AT 5:30**

**SERVICE & POTLUCK**

**CONTEMPORARY CHRISTMAS CANTATA**

**WEDNESDAY, DECEMBER 18<sup>TH</sup> AT 6PM**

*Christmas Eve*  
**SERVICES**

**3:00PM CONTEMPORARY, 5:00PM & 9:30PM**

**TRADITIONAL**



**9:00 TRADITIONAL**