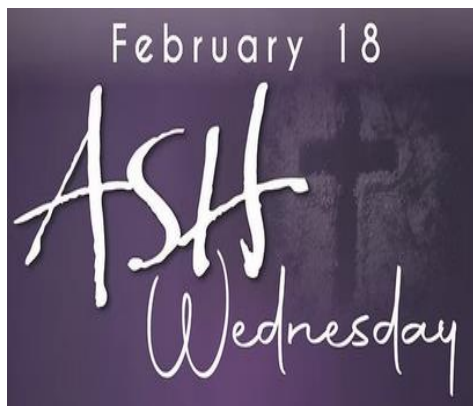


The Lutheran Church of Christ the King  
1900 14th Street South  
Moorhead MN 56560-4599

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**Lenten Services will be  
offered 11:30m each  
Wednesday followed by a  
soup lunch.**

**&**

**Wednesday nights at the  
6:00pm service with supper  
starting at 5:00pm.**

### **Church Staff & Contact Information**

**Lutheran Church of Christ the King**

1900 14th St S, Moorhead, MN 56560

**Phone:** 218-236-7576 **Email:** [ctk@gockt.org](mailto:ctk@gockt.org) **Website:** [www.ctkmhd.org](http://www.ctkmhd.org)

**Facebook:** Lutheran Church of Christ the King Moorhead MN

or from a web browser at Facebook.com/gockt

**Church Council:** [council@gockt.org](mailto:council@gockt.org)

**Pastor Michele Jenson:** [pastormichele@gockt.org](mailto:pastormichele@gockt.org)

**Office Administrator/Director of Worship** [JoMarie@gockt.org](mailto:JoMarie@gockt.org)

**Finance Director:** Dani Costello [finance@gockt.org](mailto:finance@gockt.org)

#### **Church Office Hours**

Monday-Thursday from 9:00am to 4:00pm

Friday-9:00am to Noon



**ALL PIZZA ORDERS  
WILL NEED TO BE PICKED  
UP  
FRIDAY 2/6 2:00-6:00  
OR  
SATURDAY 2/7 9:00-  
NOON**

### **Giving Made Easy at Christ the King**

We thank you for your support of the church and offer many ways for you to give your offering-donations.

- Place your offering/donation in the offering plate during the service.
- Create an automated on-line giving that will take your gifts directly from your account. Sign up sheets for VANCO are on the welcome desk or visit <https://secure.myvanco.com/YKB3/home>
- Donate using this QR code. Just place your phone camera over this code and it will take you directly for you to use your credit/debit card.



Or click on the "Giving" tab on the CTK Homepage [www.ctkmhd.org](http://www.ctkmhd.org)



Brother's and Sisters in Christ,

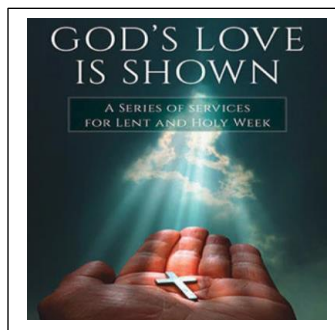
We are just weeks away from the start of Lent and I always get excited to think about those 40 days as we journey to Easter. Christmas is always special but there is just something so meaningful when you realize just how much Jesus Christ did for us during those last weeks before his death and resurrection. This Lenten season we will be looking at how God's love is shown to us each week through our sermon series on Wednesday at 11:30 and at our 6:00pm services:

- 2/18 - Ash Wednesday – Redemptive Love - *Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord. Romans 7:24-25*
- 2/25 – Compassionate Love –*As a father shows compassion to his children, so the Lord shows compassion to those who fear him. Psalm 103:13*
- 3/4 – Steadfast Love - *Oh give thanks to the Lord, for he is good; for his steadfast love endures forever. Psalm 118:1*
- 3/11 – Enriching Love - *I give thanks to my God always for you because of the grace of God that was given you in Christ Jesus, that in every way you were enriched in him in all speech and all knowledge. 1 Corinthians 1:4-5*
- 3/18 – Living Love - *And the Word became flesh and dwelt among us, and we have seen his glory, glory as of the only Son from the Father full of grace and truth. John 1:14*
- 3/25 – Holy Love - *Behold, this has touched your lips; your guilt is taken away, and your sin atoned for. Isaiah 6:7*
- 3/29 – Palm Sunday – Saving Love - *So they took branches of palm trees and went out to meet him crying out, "Hosanna! Blessed is he who comes in the name of the Lord, even the king of Israel!" John 12:13*
- 4/2 – Maundy Thursday – Selfless Love - *A new commandment I give to you, that you love one another: just as I have loved you, so you also are to love one another. By this will all people know that you are my disciples, if you have love for one another. John 13:34-35*
- 4/3 – Good Friday – Sacrificial Love - *Where there is forgiveness of these, there is no longer any offering for sin. Hebrews 10:18*
- 4/5 – Easter – Joyous Love - *May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope. Romans 15:13*

Sunday mornings will continue to be our traditional and contemporary lectionary services and we will be having a Bible study beginning March 1<sup>st</sup> at 10:00-10:40 each week through Lent.

I look forward to walking the journey of the Lenten season with you and hope that you are able to attend most, if not all, of the services to prepare for the celebration of the Risen Lord on that glorious Easter Morning!!!

Blessings,  
Pastor Michele



## The Lutheran Church of Christ the King Financial Snapshot

	December 2025	YTD 2025	YTD 2024
Revenue	45,716	444,674	449,726
Expenses	41,905	452,248	412,785
Net	3,811	(7,574)	36,941

### Building Faith Together 2024-26

\$430,960.00	Pledge for Date Range
\$276,344.50	Amount Given by People who have Pledged
(\$154,615.50)	Difference
64.12%	Percent of Pledges Paid
\$20,763.69	Amount Given by People that did not Pledge
\$297,108.19	Total Donated for Date Range

## In Our Thoughts and Prayers

Please remember in prayer all our family and friends who have been dealing with health issues, loss of loved ones, or who are not able to come to Worship with us each Sunday.

### **Assisted Living/Nursing Homes & Rehab:**

**Bethany on University:** Nancy Halvorson, Bill Linson

**Bridges in Ada:** Elaine Borgen

**Eventide:** Shirley Haugen, Kathy Melarvie,

JoAnne Reitan, Beverly Rogness, Bonnie Simonson

**Lilac Homes:** Lyle Hanson

**One Riverside:** Mary Ann Lavold

**Riverpointe:** Juneal Doeden, June Adele Dolva,

Jan Jenson, Annie Luttio, Blanche Olson, Peggy Reed, Arvid Sonstelie

**Sheyenne Crossings:** Carl Hjalmquist

**The Villa at Farmstead:** Lil Torgrimson

**Touchmark** – Janet Ostercamp

**AT HOME:** Dick Bolton, Jeanie Issel, Carol Sorum

## Lenten Lunches

Lent begins on Ash Wednesday, February 18. We are in need of volunteers to help set up and serve the soup lunch as well as volunteers to bring 2 dozen cookies or bars for dessert.

Dates are:

**February 18**

**February 25**

**March 4**

**March 11**

**March 18**

**March 25**

Please sign up on the sheet in the gathering area.



WELCA appreciates all the support we have received from the congregation of Christ the King and want to express our deep-felt gratitude for all that you do!

February has traditionally been a time at Christ the King when the Women of the congregation send envelopes for our annual LOVE offering. This offering will help to fund projects, events, and meet the needs of our local, national, and global community WELCA supports. A few of the ways your financial support will help include: the purchase of materials and supplies for the quilters to make quilts to gift to our high school seniors and send across the world to those in need of a warm blanket at night; purchase needed kitchen supplies; and partner with local charities and initiatives sharing their story and assisting them in their missions.

**THANK YOU** for your support!



## Support Group

Our next Griefshare will start February 26. If you have experienced a recent or past loss please join us for this weekly interactive video-based group. Topics include how to manage grief-related emotions such as loneliness, anxiety, sadness, anger and regret. You will also gain tools on how to cope with the changes in your life and relationships. Griefshare meets for 13 sessions beginning February 26 in the CTK library from 2:00pm-4:00pm. Cost is \$25 for the workbook. Sign up in the church office.



## **New Member meetings:**

Sunday, 2/8 at 9:45AM & Wednesday, 2/11 at 7pm

## **New Member Services:**

Sunday, 2/15 @ 10:45am & Wednesday, 2/18 at 6pm

Questions.... Reach out to

Pastor Michele at [pastormichele@gockt.org](mailto:pastormichele@gockt.org)



Help needed prepping and clean up with dish washing for the following Wednesday night meals as both Andy and Sarah are gone for these!!!!

PLEASE let us know if you are able to help out!!!

**Wednesday, February 11 & Wednesday, February 18**

**Sign up on the clip board in the office.**





## BIO Girls Christ the King, Moorhead

CtK Contact: [moorhead.mn.ctk@biogirls.org](mailto:moorhead.mn.ctk@biogirls.org)

### Mission:

To improve the self-esteem of adolescent girls through empowerment of self and service to others

### Results:

7 in 10 BIO girls participants experience an increase in self-esteem & 50% report decreased anxiety symptoms.

### Program Overview:

BIO (Beautiful Inside & Out) Girls is a self-esteem building program serving girls grades 2-6. A BIO Girls program meets for 12 sessions, 90 minutes each.

### Each session combines:

- Christian, Non-Denominational Devotions
- Life-Skills Lessons
- Mentoring
- Physical Activity



**Registration Date:** January 21, 2025, online at [biogirls.org/fmwf](https://biogirls.org/fmwf)

**Season Start Date:** February 5, 2026

**Day/Time:** Thursdays, 5:30-7:00 PM

**Finale Date:** April 30, 2026 (Find your Kind 5k)

**End Date:** May 15, 2025

### “What is the registration fee?”

BIO Girls uses a 'Pay as You Can' registration model. This tiered registration model creates a streamlined registration process and ensures all girls have access to our program, regardless of their financial situation. To learn more, visit: [biogirls.org/registration-faq](https://biogirls.org/registration-faq)



**WEDNESDAY MARCH 18<sup>TH</sup>**



7<sup>TH</sup>-12<sup>TH</sup> GRADERS

More information to come.....

# Tea Party

You are cordially invited



Saturday, April 11, 2026 at 10AM

Christ the King

1900 14<sup>th</sup> St. Moorhead



Enjoy Tea, Treats and Laughter as we spend some time with Auntie Kremsaugen, Comedian from Jaspers Theater

Find your best “Tea Party” outfit and come to have some fun



**AND WEDNESDAY!!!!**

Christ the King will be passing around the soup “kettle” for noisy offering on February 8<sup>th</sup> and 11<sup>th</sup>

All donations will support Down Home

## February 2026

### at a Glance

#### Sunday, February 1

9:00am-Traditional Worship  
9:45am-Fellowship  
10:15am-Relevant Life Church  
10:45am-Contemporary Worship

#### Monday, February 2

3:00pm-WELCA Meeting  
6:00pm-Children/Youth  
Committee Meeting

#### Tuesday, February 3

8:30am-TOPS  
9:30am-Faithfully Fit

#### Wednesday, February 4

9:00am-Quilters  
1:00pm-Pastor at Riverpointe  
5:00pm-Dinner: Spaghetti  
6:00pm-Contemporary Worship  
FaithWalk  
7:00pm-Confirmation

#### Thursday, February 5

9:30am-Faithfully Fit  
5:30pm-BIO Girls

#### Friday, February 6

9:00am-Janitors for Jesus

#### Saturday, February 7

9:00am-Al-Anon

#### Sunday, February 8

##### Gideons

##### Souper Bowl Sunday

9:00am-Traditional Worship  
9:45am-Fellowship  
9:45am-New Member Meeting  
10:15am-Relevant Life Church  
10:45am-Contemporary Worship

#### Monday, February 9

4:15pm-Worship and Music  
Committee Meeting  
6:00pm-Kari Del Rio Rehearsal

#### Tuesday, February 10

8:30am-TOPS  
9:30am-Faithfully Fit  
10:30am-CtK Book Club  
2:00pm-Circle Leader  
Bible Study  
5:30pm-Finance Meeting  
6:15pm-Executive Meeting  
7:00pm-Church Council

#### Wednesday, February 11

##### Gideons

##### Souper Bowl Wednesday

5:00pm-Dinner: Tater Hotdish  
6:00pm-Contemporary Worship  
FaithWalk  
6:45pm-New Member Meeting  
7:00pm-Confirmation

#### Thursday, February 12

9:30am-Faithfully Fit  
5:30pm-BIO Girls

#### Friday, February 13

9:00am-Janitors for Jesus

#### Saturday, February 14

9:00am-Al-Anon

#### Sunday, February 15

##### New Members

9:00am-Traditional Worship  
9:45am-Fellowship  
10:15am-Relevant Life Church  
10:45am-Contemporary Worship

#### Monday, February 16

7:00pm-Property Committee

#### Tuesday, February 17

8:30am-TOPS  
9:30am-Faithfully Fit  
1:30pm-Sarah Circle

#### Wednesday, February 18

##### Ash Wednesday

9:00am-Quilters  
11:30am-Lenten Worship  
12:00pm-Soup/Bread Lunch  
1:00pm-Pastor at Riverpointe  
2:00pm-Anna/Esther Circle  
5:00pm-Dinner: Pulled Pork  
6:00pm-Contemporary Worship  
7:00pm-Confirmation

#### Thursday, February 19

9:30am-Faithfully Fit  
3:00pm-Classics & Cocktails  
At Riverpointe  
5:30pm-BIO Girls

#### Friday, February 20

9:00am-Janitors for Jesus

#### Saturday, February 21

9:00am-Al-Anon  
10:00am-Dakota Jazz Band  
Rehearsal  
10:00am-Saturday Circle

1:00pm-Kari Del Rio Rehearsal

#### Sunday, February 22

##### First Sunday in Lent

9:00am-Traditional Worship  
9:45am-Fellowship  
10:15am-Relevant Life Church  
10:45am-Contemporary Worship

#### Monday, February 23

6pm-Kari Del Rio Rehearsal

#### Tuesday, February 24

8:30am-TOPS  
9:30am-Faithfully Fit

#### Wednesday, February 25

##### First Wednesday in Lent

##### New Members

11:30am-Lenten Service  
12:00pm-Soup/Bread Lunch  
5:00pm-Dinner: Pizza  
6:00pm-Contemporary Worship  
FaithWalk  
7:00pm-Confirmation

#### Thursday, February 26

9:30am-Faithfully Fit  
1:00pm-Library Committee  
Meeting  
1:30pm-Pastor at Heart of Clay  
2:00pm-Griefshare  
5:30pm-BIO Girls

#### Friday, February 27

9:00am-Janitors for Jesus

#### Saturday, February 28

9:00am-Al-Anon



**Bringing brokenness to the cross** during Lent is an invitation to swap shame for grace, acknowledging personal sins, weaknesses, and wounds by laying them at Jesus' feet. This season encourages relying on Christ's sacrifice rather than personal effort, trusting that God transforms broken pieces into new life.

Key Aspects of Bringing Brokenness to the Cross:

- **A Season of Truth:** Lent provides a space for honest, non-judgemental acknowledgment of pain, grief and sin, allowing individuals to stop pretending they are okay.
- **Laying Down Idols:** Contrition involves identifying "idols" like money, pride or success, and bringing these, along with broken relationship to the cross for restoration.
- **Vulnerability and Grace:** Instead of fear or guilt, this practice fosters hope in a God who meets people in their "dust", providing healing and strength of the Holy Spirit.
- **Healing through the Cross:** The ultimate goal is to move from self-reliance to dependency on Christ, experiencing the forgiveness that turns brokenness into a source of beauty and wholeness.

Lent is not about punishing oneself but about allowing Jesus to heal the broken heart. We will be creating a cross of broken pieces that each of us will be a part of. **Before or after each service be sure to stop at the mosaic cross and glue a tile or two onto the cross (leave a little bit of space from the tile next to it) and we will cover that cross throughout the Lenten season.** The beauty of giving all our broken pieces to the Cross and to Jesus will be seen on Easter Morning when the cross is complete and the Lord has been raised!!

